



**DINING LOCATION** 7151 YORK AVE. EDINA **PHONE** 952.893.1448

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b>	<b>2</b>	<b>3</b>
		Beef Lasagna Italian Green Beans Garlic Breadstick/margarine Lettuce Salad/French Dressing Fresh Fruit Lemon Gelatin  ALT: Vegetable Lasagna	Beef Stew Warm Buttermilk Biscuit Creamy Coleslaw Warm Cinnamon Apple Slices Raspberry Fluff	Fish Nuggets Tator Tots Peas & Carrots White Bread/margarine Frosted Chocolate Cake  <b>ALT: Chicken Nuggets</b> <b>RCD: Unfrosted Cake</b>
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
BBQ Beef Riblet Whole Grain Bun Pickle Chips Oven Fries/Ketchup Pkt. Mixed Vegetables Fresh Fruit	Baked Penne with Turkey meat sauce Steamed Broccoli Garlic Breadstick/margarine Fresh Fruit Vanilla Pudding	Roast Turkey & Gravy Mashed Sweet Potatoes Peas Rye Bread/margarine Pumpkin bar w/ Cream Cheese Icing <b>RCD: No Icing</b>	Swiss Steak & Tomatoes Au Gratin Potatoes Mixed Vegetables Multi Grain Bread/margarine Lemon Bar	Fish Patty on Bun Tartar Sauce Pkt. Tri Taters Ketchup pkt. Carrot Coins Fruited Gelatin <b>ALT: Chicken Patty</b>
<b>13</b>	<b>14</b>	<b>15</b>	<b>St. Patrick's Meal 16</b>	<b>17</b>
Beef Meatballs in Gravy Mashed Potatoes Mixes Vegetables Multi Grain Bread/margarine Cherry Streusel Bites	Chicken ala King over Warm Buttermilk Biscuit Green Beans Tropical Fruit Chocolate Tart w/topping  <b>RCD: No topping</b>	Roast Pork Au Jus Garlic Mashed Potatoes/margarine Buttered Corn French bread/margarine Fresh Fruit  <b>ALT: Chicken Cutlet</b>	Corned Beef Roasted Red Potatoes and Carrots Brussel Sprouts Rye Bread/margarine Brownie w/ Irish Cream Frosting  <b>RCD: No frosting</b>	Healthy Baked Fish Tartar Sauce Rice Pilaf Mixed Vegetables White Dinner Roll/margarine Sugar Cookie <b>ALT: Chicken Breast Au Jus</b>
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
Pulled BBQ Beed on White Bun Corn Chowder Soup Pickle Chips Creamy Coleslaw Banana Bar	Quarter Roasted Chicken Baby Red Potatoes/margarine Buttered Corn Wheat dinner Roll/margarine Apple Pie <b>RCD: Apple Slices</b>	Tator Tot Hot dish Broccoli & Cauliflower Breadstick/margarine Fresh Fruit Spice Bar	Swedish Meatballs over Egg Noodles Mixed Vegetables Diced Peaches Butterscotch Pudding/topping  <b>RCD: No topping</b>	Baked Pollock Tartar Sauce Pkt. Scalloped Potatoes Steamed Broccoli Multi Grain Bread/margarine Frosted Yellow Caked <b>ALT: Sliced Roast Turkey</b> <b>RCD: No frosting</b>
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
Chicken Strips w Ranch Dressing Pkt. Macaroni & Cheese Mixed Vegetables Chilled Pears Apple Cinnamon Cookie	Beef Meatloaf Baked Potato Sour Cream & margarine Steamed Carrots Dinner Roll/margarine Pineapple Tidbits	Beef Pot Roast Mashed Potatoes Gravy Green Peas Dinner Roll/margarine Yellow Cake w/Frosting <b>RCD: No frosting</b>	Turkey & Swiss Burger on whole wheat bun Potato Wedges w ketchup packet Stewed Tomatoes Peaches Double Berry Muffing	Lemon Pepper Tilapia Herb Flavored Couscous Mixed Vegetables Fresh Fruit Tapioca Pudding  <b>ALT: Lemon Herb Chicken Breast</b>

1% milk and margarine are served with each meal. SR=salt restricted, RC=restricted calorie dessert. Your comments are welcome: call 952-945-4156. Volunteers of America Senior Nutrition Program serves all seniors regardless of race, color, sex, disability, national origin, or religion. The service is funded through a contract with the Metropolitan Area Agency on Aging, Inc. as part of the Older Americans Act Program and participant contributions. Upon request, this information will be made available in an alternative format: Braille, large print or audiotape. For TDD, contact Minnesota Relay Service at 1-800-627-3529. For more information about the services provided by Volunteers of America of MN go to [www.voamn.org](http://www.voamn.org)